

R.L. Turner High School

EXPECTATIONS FROM PLAYERS

When a student makes the choice to be involved in a team oriented sport, he/ she takes on a great commitment. With that commitment come certain expectations that the student athlete is willing to take on as well. Sometimes however, these expectations are unwritten. Let's write them down.

FOOTBALL TEAM POLICIES

1. Priorities

- a. Faith
- b. Family
- c. Academics
- d. Extra Curricular
- e. Everything else

2. General Team Policies

- a. Loyalty, you are expected to be loyal always to your teammates and coaches.
- b. Pride, you are different because you play football. Expectations of you are much greater than they are of the other students.
- c. Character, be strong morally and display self control.
- d. Show class and be courteous.
- e. Respect and Discipline, this includes respect for your coaches and your teammates. Trust that we will put you in the best situation for you to be successful.
- f. Positive attitude; enthusiasm is caught, not taught.
- g. Sacrifice, this team has and will always come before the individual. Do not allow selfishness to rob you of the great experience of this team.
- h. Effort, regardless of your ability, you can always give 100% to this team. This is the one constant upon which the program is based. Effort is the one area in which no slack can be given. This is also the one demand you have upon the other members and coaches of the football team. Demand it from them and expect it from them.

3. Classroom

- a. Be an ambassador in the classroom. Academics come first; we will do whatever is needed to ensure you perform in the classroom.
- b. Conduct yourself appropriately and show respect for all of your teachers. Help them, and things go much better.
- c. Do your best.
- d. Be on time for class. Remember, the little things count.

4. Rules of Conduct

- a. Be on time for practice. If you are going to be late or absent see me in advance.
- b. No sitting on the practice field. You will have your hat on at all times; unless we are on break for water.
- c. Wear to practice what you are checked out.
 - i. Helmet, shoulder pads, shells and shorts, or practice pants
 - ii. Prior authorization for non-essential items (collar, brace, etc.)
 - iii. May wear long sleeves when necessary (temp. / cooling gear)

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- iv. No tape, spat, visors... athletic trainer nightmare...
- d. Bounce from drill to drill.
- e. There is a time for work and a time for play. Practice is the former. Know the difference.
- f. You will show discipline and respect at all times. Back talk will not be tolerated.
(Strikes) Same "Clean Slate" program as the main building
 - i. Major or recurring discipline issues will be documented.
 - ii. Attitude adjustments will be made on the spot.
 - iii. Major adjustments will be made once, and only once. (TYSI)
- g. You are expected to attend all games and practices.
- h. Absence Policy to impact playing time (Punitive v/s Productive)
- i. Students are expected to arrive to practice on time - "Late" still impacts the team. Compounding instances of "Late" can result in "Missed Day" recourse.
- j. Missed day = Missed quarter of play; make up for conditioning
- k. Students will be asked to complete a form for tardiness or absenteeism to assist with communications home.
- l. Multiple unexcused absences = Possible suspension or expulsion
- m. Skipping practice for tutorials or detentions is unacceptable.
 - i. Student-Athlete (you must handle and perform as both)
 - ii. Tutorials after school
 - iii. During lunch
 - iv. Before school starts
- n. If you are injured you must go for treatment. You are still responsible for attending practices and games. The trainer (coach) has the input on all injuries that do not have a doctor's note.
 - i. Injured players are still responsible for being a player
 - 1. Dress out every day
 - 2. Show up to practice every day
 - 3. Perform rehab or workouts at practice within restrictions
 - 4. Help with equipment or water duties when asked
- o. Take care of facilities and equipment.
 - i. Includes; weight room, practice equipment, locker room, etc.
- p. If you are dismissed from practice, or asked to step away from a drill (for any reason) **do not leave** the field. You will meet with me, the Head Coach, when convenient to determine your status.

5. Communication

- a. Bottom line, if something is going on off the field and not at school; chances are we don't know about it.
 - i. Don't assume we know troubles at home
 - ii. Coaches are here to help as much as possible

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FOOTBALL COMMITMENT SHEET

I know that when I take the field I represent the integrity of the football program, the colors of my school, and all those that will come after me.

Now it is my time in history. I pledge that before I leave, history will remember me as a champion both on and off the field of play.

I have read the football team policies and I understand the rules and disciplinary actions that will be taken if I do not comply.

I understand my obligation to maintain my grades during the season and following the season for eligibility purposes.

I understand that I am responsible to attend all games and practices, even if injured unless incapacitated.

I understand that tutorials are to be done on my own time and missing practice for this is unacceptable.

I also understand that I will have to do make up work for any and all practices missed as well as extra conditioning if I am late, or if I behave inappropriately in class. (Will include but is not limited to the notes we get from faculty members.)

I understand that playing football in high school is a privilege and not a right. **If I conduct myself in an inappropriate or disrespectful manner on or off the field, in or out of season, it will result in discipline and / or suspension and / or expulsion from the football program.**

PLAYER SIGNATURE _____

DATE _____

Parent/Guardian _____